

TEAM Newsletter



News and Updates

Get to Know Your Clinician

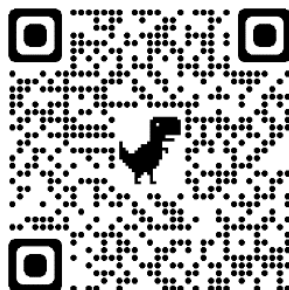
Cathy Wieschhoff is Coming to Michigan



for 6 years and held the position of MSEDAs President for 8 years, continuing her involvement as a current MSEDAs Board member. Cathy's commitment extends to national bodies, including her involvement in the United States Equestrian Team Active Riders Committee and her role on the USEA Board of Governors, where she also serves as Secretary.

She has generously donated her expertise to the United States Pony Clubs, of which she is a life member and graduate A. In addition to her leadership roles, Cathy holds certifications as an ECP Certified Level V instructor, FEI Level 2 Cross Country Course Designer, and Level 2 Parelli.

Check out this awesome interview she did in June of 2023 with Jonathan Horowitz, a USEA Staff member to learn more!



For those entrenched in the Eventing World, the name "Cathy Wieschhoff" likely resonates strongly. However, if you're new to this sport or have yet to partake in one of her clinics, allow me to introduce Cathy, a remarkable horsewoman set to grace Michigan with her expertise this coming April.

Cathy Wieschhoff is a seasoned five-star rider, having competed at renowned events like the Kentucky Three-Day Event and Burghley Horse Trials. Beyond her impressive riding career, she brings expertise as a USEF "R" Course Designer for eventing cross-country and show jumping.

She has served as the Area VIII Chair

Eventing University & Cathy Wieschhoff Clinic

Eventing University

·Sat. April 20th

Eventing University at Honey Run offers the ideal opportunity to kick off the eventing season with confidence. Join us for a clinic tailored to fine-tune your dressage test and hone your cross-country skills before the show season begins. Cathy Wieschhoff XC Design Clinic is included in EU entry! Don't miss this chance to elevate your performance and start the season strong! [See TEAM website for sign up information.](#)



Cathy Wieschhoff Clinic

·April 20th (course design)

·April 21st & 22nd (XC & SJ)

Join us for an exciting opportunity with Cathy Wieschhoff at Honey Run, where she will conduct a course design clinic as well as mounted XC and show jumping clinics. Don't miss out—entries close on April 15th. [For further details/registration, please contact Nicole at \(734\) 649-3959.](#)

Decoding Show Types

From Combined Tests to USEA Horse Trials

If you're new to the world of eventing and have been checking out the upcoming events, you might be wondering about the differences between a Combined Test, Derby, TEAM Horse Trial, and USEA Horse Trial. Don't worry, we're here to help! Keep reading to discover the key differences and what to expect when participating in these events.

Combined Test: This event combines a Dressage Test with a Stadium Jumping course, excluding Cross Country. It's the perfect opportunity to compete off-site and get comfortable at the venue, without diving into a full event.

Derby: Stepping it up a notch, Derbies include both a Dressage Test and a Jumping Test featuring cross country and stadium fences. Each derby has its own unique flavor.

Some start in the Stadium Jumping arena and move to a short cross-country course, while others take place in the cross country field, integrating stadium jumps along the way.

TEAM Horse Trials: Ready for the full event experience? TEAM Horse Trials cover Dressage, Cross Country, and Stadium Jumping phases. These local events follow the USEA rulebook but are often more inviting for newcomers or those stepping up a level. They are often less expensive and do not require a USEA membership.



USEA Horse Trials: Sanctioned by the United States Eventing Association, these trials attract participants from far and wide. To compete, you need to be a registered USEA member for Beginner Novice level and above (optional at Starter). Expect a challenge here, with maximum heights and difficulty levels tailored to each division. If you've been acing your local TEAM Events, why not take on a USEA event to ramp up the excitement?

So whether you're dipping your toes into eventing or ready to tackle the big leagues, there's an event for every level of thrill-seeker!



Peppermint Horse Kisses

Ingredients:

- 1 ¼ cups steel-cut oats
- ¾ cups molasses
- ½ cup flour
- ½ cup flax seed
- 2 teaspoons cornstarch
- ¼ cup water
- ¼ cup apple pieces
- 12 hard peppermint candies

Directions:

1. Preheat oven to 350° (F).
2. Grease a 12-cup muffin tin.
3. Combine molasses and oats in a mixing bowl.
4. Add the remaining ingredients, except for the peppermint candies.
5. Fill muffin tins half full.
6. Bake for 15 minutes.
7. Take out of the oven and press the peppermint candies into the tops of the cookies.
8. Let cool before feeding to your favorite horses.

From the kitchen of

**Want to Be Eligible for TEAM Awards?
 Submit Your Volunteer Hours!**

Remember, if you want to earn a year-end award, you must have completed and submitted your volunteer hours through the TEAM Website. Have questions? Send an Email! teamboard@eventingmichigan.org

Rider Rule Refresher

What do all these flags mean?

Source: <https://useventing.com/news-media/news/rule-refresher-wait-what-does-that-flag-mean>

My first time at an event was to cheer on a friend. Despite years of riding under my belt, I felt like a total newbie in the eventing world. As I looked around, one question kept popping into my head: "What on earth do all these flags mean?" They were everywhere—on jumps, marking the course, all in different colors, numbers, and letters. It was like a colorful flag frenzy! Let's decrypt these eventing flags and clear up any lingering confusion you might have.

Red or White Boundary Markers

These must be used to mark the start and finish lines, compulsory passages, and to define obstacles. Boundary markers must be placed so the athlete passes through with the red marker on their right and the white marker on their left.

Colored Numbers and Letters

These are sign in XC, denoting jump levels and the order obstacles are to be jumped in.

Advanced - white text, blue background;

Intermediate - white text, red background;

Preliminary - white text, green background;

Modified - orange text, blue background;

Training - white text, black background;

Novice - black text, white background;

Beginner Novice - black text, yellow background;

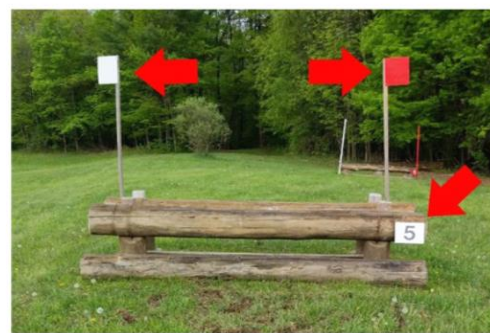


Figure 1 The red and white flags are boundary markers. You must jump between the flags, red on right and white on left. The number 5 means this is the fifth jump on course and the black text on a white background means it's part of the Novice Level Course.



Figure 2 The red and white flags are boundary markers. You must jump between the flags, red on right and white on left. The number 9 means this is the ninth jump on course and the black text on a yellow background means it's part of the Beginner Novice Level Course.

5 Tips for Eventing Success

Source: <https://useventing.com/news-media/news/make-the-most-of-your-spring-outings-5-tips-for-eventing-success>

Spring is here, and for eventers, it's time to head off the farm for cross-country schooling, clinics, and schooling shows. These outings are crucial for honing skills and building positive experiences. Here are five tips from STRIDER to maximize your spring adventures:

1. **Set Clear Goals:** Define specific objectives for you and your horse before each outing, whether it's nailing a dressage test or tackling a cross-country challenge.

2. **Treat it Seriously:** Approach outings with the same dedication as you would a competition. Arrive on time and present yourself and your horse professionally.

3. **Check Horse Fitness:** Ensure your horse is fit for the demands of the outing, especially after winter. Communicate with your coach or clinician about your horse's fitness level.

4. **Be Open to Feedback:** Embrace feedback as an opportunity to

improve. Actively listen during clinics and observe other riders to pick up new techniques.

5. **Reflect and Practice:** Take time to reflect on each outing, noting successes and areas for improvement. Use these insights to set goals for future outings and celebrate achievements, big or small.

Enjoy the adventures with your horse and make the most of every opportunity to learn and grow together.

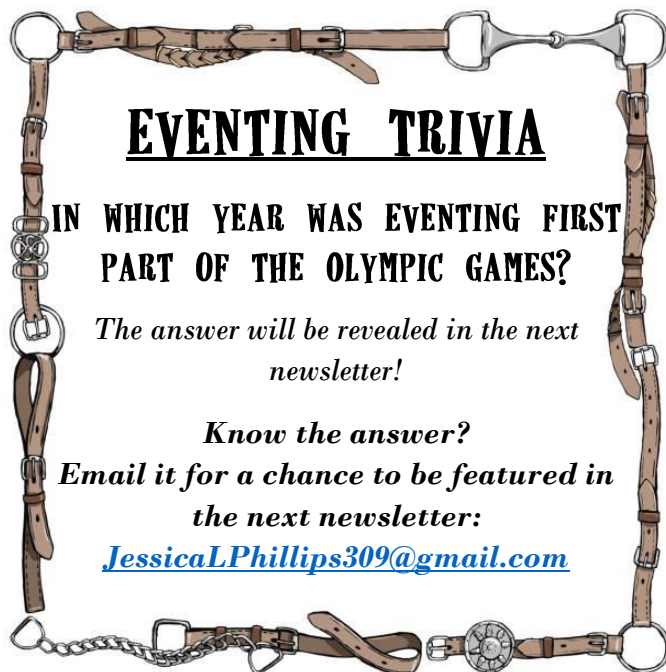
2024 Tentative Schedule

- Apr. 20/21 Honey Run Eventing University & Cathy Wieschhoff Course Design Clinic
- Apr. 26 – 28 Kentucky 3 Day Event
- May 12 Hunters Run Derby
- May 18/19 Cobblestone Event at Revel Run TEAM
- June 8/9 Cobblestone Event at Revel Run Event USEA 1
- June 15/16 TEAM Benefit Jump Day
- June 30 Hunters Run TEAM Event
- July 21 Hunters Run Derby** Corrected!
- July 15 – 21 USPC Festival/Champs at KHP
- Aug. 3-4 Cobblestone Event at Revel Run USEA 2
- Aug. 11 Cedar Ridge Derby
- Aug. 18 Hunter’s Run Horse Trials USEA
- Aug. 30/1 AEC at KHP
- Sept. 7/8 Cobblestone Fall Derby at Revel Run
- Sept. 15 Cedar Ridge Derby
- Sept. 21-22 Honey Run Horse Trials USEA
- Oct. 5/6 Honey Run Team Challenge
- Oct. 13 Cedar Ridge Derby
- Oct. 26/27 Cobblestone Halloween Derby at Revel Run TEAM
- Nov. 16 TEAM Banquet

TEAM Apparel & More

Get ready with new TEAM Gear!

Scan the QR Code to Shop now!



EVENTING TRIVIA

IN WHICH YEAR WAS EVENTING FIRST PART OF THE OLYMPIC GAMES?

The answer will be revealed in the next newsletter!

Know the answer?

Email it for a chance to be featured in the next newsletter:

JessicaLPhillips309@gmail.com



Do you have something exciting to share for our upcoming newsletter? Whether it's an upcoming clinic opportunity, a shout-out to a TEAM rider, or any other noteworthy updates, let us know! Please send your contributions via email to JessicaLPhillips309@gmail.com.